

REVIEW OF THE WAR WITH SPAIN,
ITS CAUSES AND RESULTS.

While at Jamaica Plain, Mass., I visited retired sea captain's home. He said in all his life he had never found any beverage that would compare with Postum Cereal Food Coffee. He said that he had suffered from indigestion, headaches, drowsiness and an untimely thinning of the blood, but since quaffing the combination of Postum and coffee he had suffered from none of his ailments. I drank my first cup of Postum with him, and, to my surprise, found it very palatable. I have since used Postum with coffee and since used with favorable results. I cannot tell half of what I heard in prisoner Postum say about Postum. It is a very firm foothold with my Eastern friends.

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